

Palm Vista Spa Dombivali Professional Spa Care

9152331160



Palm Vista Spa Dombivali is a wellness center focused on comfort, care, and structured service. The spa offers a calm environment designed to support relaxation and ease. Trained staff handle each session with attention to individual preferences. Cleanliness and hygiene are maintained consistently across all areas. The atmosphere remains quiet and composed throughout the visit. The center follows a balanced approach to wellness care.

to ensure a smooth overall experience.

The services at Palm Vista Spa Dombivali are planned to help ease daily tiredness and physical strain.

Techniques are applied in a measured manner to support body comfort. Sessions are arranged to match different comfort levels without any rush. The spa maintains an organized and professional process for every visit. Guests can expect a private and calm setting during their time. Care is taken to ensure a smooth overall experience

SOCIAL LINK :

<https://www.facebook.com/profile.php?id=61586163182901>

<https://www.instagram.com/palmvistaspa.dombivali/>

<https://x.com/SpaPalm14629>

<https://www.linkedin.com/in/palm-vista-spa-dombivali-b887b73a3/>

<https://www.youtube.com/@PalmvistaspaDombivali>

<https://www.pinterest.com/palmvistaspa/>

Shop No. 06, Ground Floor, GNP Galleria, Kalyan - Shilphata Road, Vicko Naka, Dombivli East, Thane, Maharashtra 421203

OIL MASSAGE

**ESSENTIAL OILS ARE
DILUTED BEFORE BEING
APPLIED TO THE SKIN.
DURING THE MASSAGE,
YOU WILL RECEIVE A FULL
BODY MASSAGE WHILE
INHALING ESSENTIAL OILS
THROUGH THE DIFFUSER
AND ABSORBING THEM
THROUGH THE SKIN**



COUPLE MASSAGE

A COUPLES MASSAGE IS LIKE ANY OTHER MASSAGE, BUT YOU AND YOUR PARTNER ARE MASSAGED AT THE SAME TIME, ON SEPARATE TABLES, BY TWO DIFFERENT MASSEUSES. MASSAGES ARE USUALLY GIVEN IN PRIVATE ROOMS ON MASSAGE TABLES PLACED SIDE BY SIDE



FOUR HAND MASSAGE

FOUR HAND MASSAGE FOCUSES ON THE MUSCLES OF THE HAND. VARIOUS TECHNIQUES ARE USED DURING HAND MASSAGE, SUCH AS RUBBING, TRIGGER POINT SKIN ROLLERS AND ACUPRESSURE. VARIOUS TECHNIQUES ARE USED TO HELP RELIEVE ACUTE PAIN, REDUCE SURGICAL OUTCOMES, INCREASE RELAXATION, AND REDUCE SCARRING.



SWEDISH MASSAGE

SWEDISH MASSAGE INVOLVES PROLONGED KNEADING MOVEMENTS COMBINED WITH RHYTHMIC TAPPING MOVEMENTS AND JOINT MOVEMENTS. THIS TYPE OF MASSAGE TARGETS THE TOP LAYERS OF THE MUSCLES AND IS DESIGNED TO RELEASE MUSCLE TENSION.



DEEP TISSUE MASSAGE

DEEP TISSUE MASSAGE IS A MASSAGE TECHNIQUE THAT USES DEEP PRESSURE. A COMBINATION OF SLOW STROKING MOVEMENTS AND PRONOUNCED FINGER PRESSURE IS DESIGNED TO RELEASE TENSION AND TENSION DEEP WITHIN THE MUSCLES AND CONNECTIVE TISSUE. DEEP TISSUE MASSAGE USUALLY FOCUSES ON YOUR MAIN DISCOMFORT AREAS.



AROMATHERAPY MASSAGE

AROMATHERAPY MASSAGE IS A TYPE OF MASSAGE THAT USES ESSENTIAL OILS, HERBS, AND OTHER NATURAL INGREDIENTS TO CREATE AN AROMATIC EXPERIENCE. AROMATHERAPY MASSAGE IS A GENTLE, HEALING FORM OF TOUCH THAT CAN RELIEVE STRESS AND TENSION, IMPROVE MOOD, AND STIMULATE THE BODY'S NATURAL HEALING PROCESS.

